

Fork Buffet

calories are per 100g, available from 01 May 11

1

Halloumi Skewers with Parsley & Lemon Salsa (126)
Roasted Chicken with Tahini & Coriander (231)
Aubergine & Plum Tomato Moussaka (216)
Risi e Bisi (96)
Mixed Berry Cheese Cake with Cassis (197)

2

Smoked Trout and Leek Frittata (93)
Sweet Potato & Chicken Curry (183)
Potato Gnocchi with Artichokes & Slow Roasted Tomatoes (194)
Steamed Cous Cous (103)
Toffee Panna Cotta with Caramelised Walnuts (211)

3

Grilled King Prawns with Coriander Dressing (118)
Parmesan Crusted Haddock with Rouille (205)
Mushroom & Cauliflower Crumble (243)
Warm Potato Salad (184)
Blueberry & Yogurt Fool (93)

4

Marinated Smoked Salmon with Poppy Seeds (78)
Angus Beef and Balsamic Ragout with Char Grilled Peppers (176)
Spring Vegetable Farfalle with Lemon & Chive Sauce (192)
Creamy Leek & Roquette Mash (156)
Strawberry & Rhubarb Jelly with Honey & Cream (108)

5

Piri Piri Chicken Skewers with Avocado Salsa (170)
Poached Scottish Salmon with Wilted Spring Greens (145)
Malay Vegetable Curry (184)
Cardamon infused Basmati Rice (98)
Banana & Lime Crème Brule (201)

6

Grilled Tuna Niscoise (101)
Chicken with Mushrooms & Sun Dried Tomatoes (166)
Curried Aubergine & Potato Pie (201)
Spicy Pilau (101)
Ginger Spiced Fruit Salad (98)

7

Wiltshire Smoked Ham & Slow Roasted Tomato Tart (130)
Cod Fillet with Sun Dried Tomatoes & Thyme (195)
Potato Latkes with Braised Leeks (132)
Sauté Potatoes (193)
Crème Caramel (199)

8

Roasted Vegetable Bruschetta (144)
Chicken Cacciatore (175)
Wild Mushroom & Asparagus Risotto (189)
Tray baked vegetables and rosemary potatoes (103)
Raspberry & Croissant Pudding (231)

9

Gazpacho Shots (77)
Baked Salmon with Dill Marinade & Lime (143)
Penne with Artichokes & Basil (187)
Sweet Potato Mash (154)
New York Baked Cheese Cake (178)

10

Sweet Pepper & Feta Parcels (143)
Welsh Spring Lamb and Chick Pea Casserole (188)
Pumpkin Risotto with Pecorino Cheese (174)
Colcannon (148)
Eaton Mess (161)